

# COVENANT ATHLETICS

## 2016-17 SCHOOL YEAR THURSDAY, SEPT. 1, 2016

<b>MIDDLE SCHOOL ATHLETIC SEASONS</b>			
	<b>VOLLEYBALL</b>	<b>BASKETBALL</b>	<b>TRACK &amp; FIELD</b>
<b>Season</b>	August—October	October—February	February—April
<b>Grades</b>	5th - 8th	6th - 8th	5th - 8th
<b>Practice Days</b>	Monday / Wednesday	Monday / Thursday	Mon, T / Th, Fri
<b>Practice Time</b>	4-5:30	4-5:30	4-5
<b>Game Days</b>	Tuesday / Thursday	Tuesday / Friday	Tues or Thurs
<b>Location</b>	Home games and practice are at Willowbrook Sports Complex 12539 Perry Road Houston, TX 77070	Covenant Pavilion Harvest Bible Church Calvary Community Church	Cole's Crossing Park Spillane MS
Participating in sports requires a 4 day a week commitment.			
<b>Note:</b> 5th Graders are welcome to practice and may be included in Middle School sports if more players are needed.			

<b>HIGH SCHOOL ATHLETIC SEASONS</b>			
	<b>VOLLEYBALL</b>	<b>BASKETBALL</b>	<b>TRACK &amp; FIELD</b>
<b>Season</b>	August—October	October—February	February—April
<b>Grades</b>	9th - 12th	9th - 12th	9th - 12th
<b>Practice Days</b>	Monday / Wednesday	Monday / Thursday	Mon, T / Th, Fri
<b>Practice Time</b>	4-5:30	4-5:30	4-5
<b>Game Days</b>	Tuesday / Thursday	Tuesday / Friday	Tues or Thurs
<b>Location</b>	Home games and practice are at Willowbrook Sports Complex 12539 Perry Road Houston, TX 77070	Covenant Pavilion Calvary Community Church	Cole's Crossing Park Spillane MS
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# ABOUT OUR PROGRAM

At Covenant Academy, we seek to conduct our athletics program in the same way we conduct our academic and arts programming - with excellence. We compete to win and make victory in each contest a goal while also keeping in mind higher goals. Covenant's competitive sports program is designed to help fulfill the school's mission with excellence by:

- ★ Organizing and programming sports. The program seeks to provide a Christ-centered, quality sports experience for students in grades five (5) and above, P.E. classes for students in grades Kindergarten through eight (K-8). Our P.E. classes emphasize on developing conditioning and skills suitable for various sports, and support to parents and coaches of our students.
- ★ Encouraging a balanced approach to sports and life. The program supports the Christian's priority of faith and family first as well as the school's priority of academics over athletics by scheduling practices and games (when under the school's control and as facilities and coach's schedules permit) in such a way as to have the least possible disruption on the student's ability to attend church, be with family and study while also competing with excellence.
- ★ Providing training for Kingdom service. Through mature and godly coaches, the program seeks to challenge student-athletes to train and compete in such a way as to develop qualities of perseverance, strength, compassion, boldness, and humility with an eye toward serving the Kingdom of Christ as godly men and women. In team sports, this includes taking an "others first" approach.
- ★ Instilling discipline necessary for excellence in athletics. The program seeks to develop student-athletes' skills, endurance and physical strength through qualified and competent coaching and training programs designed to minimize injuries. Discipline in the form of positive correction, assistance, improvement and prevention is emphasized. Each student-athlete is expected to commit her or himself to practice and conditioning in season and out in order to compete to the best of her or his ability.
- ★ Expecting student-athletes, coaches and parents to act with honor. Student-athletes, coaches and parents are expected to act honorably toward their opponent, their opponents' supporters, and the game or contest officials, regardless of how the other acts. The program seeks to represent the school community and the cause of Christ well in all its activities. All are expected to act with modesty and graciousness in victory and defeat. All are expected to abide by the letter as well as the spirit of league rules.

## GOALS OF PATRIOT ATHLETICS

- √ An appreciation for and development of one's body.
- √ An ability to handle pressure with confidence and poise.
- √ A healthy perspective on victory and defeat.
- √ Knowledge in how to interact with others through team sports.
- √ Experience in being a leader as well as a follower.
- √ The will to do one's best, no matter the circumstance.
- √ Satisfaction that comes from the exercise of creativity within recreation.
- √ A sense of belonging to something greater than oneself, be it a team or a community.
- √ A test of one's ability as well as the encouragement to reach beyond perceived limits.
- √ The discipline that requires one to set a goal, work toward it and see it to completion.





## PARENT/STUDENT ACKNOWLEDGEMENT OF RULES

*Attention School Authorities:* This form must be signed yearly by both the student and parent/guardian and be on file at your school before the student may participate in any practice session, scrimmage, or contest. A copy of the student's medical history and physical examination form signed by a physician or medical history form signed by a parent must also be on file at your school.

Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

### Parent or Guardian's Permit

- I hereby give my consent for the above student to compete in Covenant Academy approved sports, and travel with the coach or other representative of the school on any trips.
- It is understood that even though protective equipment is worn by the athlete whenever needed, the possibility of an accident still remains. Covenant Academy does not assume any responsibility in case an accident occurs.
- The undersigned agrees to be responsible for the safe return of all athletic equipment issued by the school to the above named student.
- If, in the judgment of any representatives of the school, the above student needs immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given to said student by any physician, licensed athletic trainer, nurse, hospital, or school representative; and I do hereby agree to indemnify and save harmless the school and any school representative from any claim by any person whomsoever on account of such care and treatment of said student.
- I have provided a physical form regarding the health of my student as a parent/guardian. I understand that failure to provide accurate and truthful information on all forms could subject the student in question to penalties.

Your signature below gives authorization that is necessary for the school, its licensed athletic trainers, coaches, associated physicians and student insurance personnel to share information concerning medical diagnosis and treatment for your student.

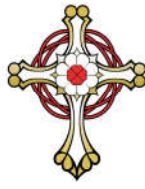
Signature of student \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_

Street address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email Address \_\_\_\_\_



COVENANT ACADEMY  
*A Classical Christian School*

## COACHES CODE OF ETHICS STATEMENT

I purpose to provide quality participation for the student-athletes under my direction.

I view high school athletics as one of the greatest avenues for developing leadership and maturity.

I will endeavor to develop a high degree of responsibility and commitment both personally and in my student-athletes.

I will operate under the Covenant Academy code of conduct regarding proper principles of attitude and conduct.

I believe the athletic arena offers a laboratory experience in which life lessons may be taught that are often difficult to teach in the church, the classroom, the place of employment, and the home.

I commit myself to teaching the traditional values of discipline, teamwork, dedication, loyalty, sportsmanship, and a motivation for success.

I shall maintain personal and institutional integrity by adhering to Covenant Academy ethical and moral standards.

I will give guidance to my student athletes in recognizing priorities, and implementing high moral or Godly standards in one's life.

I will instruct my student-athletes to always play fair and according to the spirit of the rules.

I will encourage physical skill development and emotional control.

I will strive for wholesome competition for my local and statewide constituencies to witness and enjoy.

I will secure the utmost protection for my student-athletes while engaging in competition and travel, thus providing good equipment, safe playing conditions, proper supervision, and medical and physiological attention to their needs.

I will assist in bringing the name of Covenant Academy before my local community and the general public as an organization worthy of recognition.

I view my position as a sacred trust with opportunity for leadership and influence among young people who possess God-given talents.

Athletic Director Signature \_\_\_\_\_ Date \_\_\_\_\_

Coaches:

Name \_\_\_\_\_ Signature \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_